









## Attention Volleyball Players! <u>First Practice is September 7, 3:30-5!</u>

- You must have your physical completed and signed
- Physicals are available at North Tuesday, August 2nd, 4:30-7
- You must have your "Gold Card" completed and signed
- Final Cuts will be posted September 9
- Practice is daily, 3:30-5
- You are expected to attend all games and practices.
- Bring knee pads and enthusiasm to every practice!
- Order forms for volleyball sweats will be available at practice on September 9